



# ANNUAL REPORT 2021



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# CEO's *Message*

Let us welcome 2022 with renewed hope for humanity!

Firstly, I take this opportunity to commend our front liners – our dedicated staff - both clinical and non-clinical who have tirelessly worked to maintain operations during an extremely challenging and disruptive past year, ensuring dialysis and cardiac care continuity for our patients.

With the continuous uncertainty of the pandemic and COVID-19 virus variants, unpredictable disease mitigation efforts, and the global imbalance of vaccine access – we at the Foundation have successfully adhered to standard operating procedures to keep the virus at bay at our centres.

Now for some exciting news on the progress of our Foundation!

I am pleased to announce that after 28 years, MAA Medicare Charitable Foundation under Medicare Sdn Bhd, will be known as Yayasan Amal Maaedicare (YAM), with company registration number 202001032798 (1389119-H), effective January 2022.

YAM will incorporate its brand name Maaedicare Charitable Foundation in all of its business operations. Our cardiac centre will be known as Pusat Jantung Amal Maaedicare with its English equivalent as Maaedicare Cardiac Diagnostic Centre while our 11 dialysis centres nationwide will be recognised as Pusat Dialisis Amal Maaedicare or as Maaedicare Charity Dialysis Centre.

This move is a step ahead in our desire to deliver fast-tracked, quality yet affordable healthcare to our 800 plus financially-challenged patients, nationwide. With improved efficiency, enhanced productivity and generous well-wishers, we will collectively address our patients' health concerns and positively impact their lives. I am convinced that with the support of our valued donors and collaborative partners, we will continue to demonstrate our pledge towards affordable medical care and advocate sustainable health.

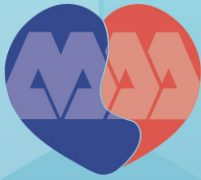
Starting with only 1 centre in Jalan Ipoh in 1994, today we have increased dialysis operations with 11 dialysis centres nationwide. To address the needs of heart patients, we commenced a charity heart centre in Kuala Lumpur. Since 1994, we have assisted a total of 18,000 patients for renal and cardiac treatments, and 1,067 children of dialysis patients through our children's charity Kids@Maaedicare.

Lastly, I would like to record my sincere gratitude to our donors, our partners, as well as our patients, for trusting our ability and commitment to serve their interests and expectations.

Together we can. Stay blessed!

Dr. Azriman Haji Rosman  
Chief Executive Officer  
Maaedicare Charitable Foundation





**MAAEDICARE**  
CHARITABLE FOUNDATION



# Heart screening

## VIP Cardiac Care Package RM2,900

- Blood Tests
  - Full Blood Count
  - Kidney Profile
  - Liver Profile
  - Cholesterol Profile
  - Blood Sugar
  - Urine FEME
- ECG
- Echocardiogram
- CT Calcium Score
- CT Lung Low Dose
- CT Coronary Angiogram
- Cardiologist Consultation

## Premier Heart Care Package RM1,180

- Blood Tests
  - Full Blood Count
  - Kidney Profile
  - Liver Profile
  - Cholesterol Profile
  - Blood Sugar
  - Urine FEME
- ECG
- Treadmill Stress Test
- Echocardiogram
- CT Calcium Score
- CT Lung Low Dose
- Cardiologist Consultation

## Healthy Heart Package RM590

- Blood Tests
  - Full Blood Count
  - Kidney Profile
  - Liver Profile
  - Cholesterol Profile
  - Blood Sugar
  - Urine FEME
- Chest X-Ray with radiologist reporting
- ECG
- Treadmill Stress Test
- Echocardiogram
- Cardiologist Consultation

Maaedicare Cardiac Diagnostic Centre  
4th-5th Floor, Wisma MAA Medicare, No. 183 Jalan Sultan Azlan Shah 51200 Kuala Lumpur  
Tel: 03-4044 4468 | Fax: 4043 4468 | [www.maaedicare.org](http://www.maaedicare.org)





# What is the **colour** of your awareness ribbon?

Awareness ribbons symbolise support or raise consciousness for a cause. In the healthcare sector, the use of coloured ribbons help to create public awareness of disability, medical conditions and other issues.

While you may have seen an awareness ribbon, you may not be aware of how many there are, or the different colours and patterns they represent. Over the years, new awareness ribbons are being created each day in support of hundreds of causes.

The purpose behind these ribbons is to eradicate an illness and or to support the struggle of a loved one. Therefore, all efforts, big or small, bring us a step closer to the innate goal in understanding one's struggle with the illness.

Awareness ribbons are also a creative way to educate communities about illnesses and raise money for research. They send a powerful message, without saying a word. With this universal symbol of support and advocacy, one can show one's love and appreciation for others, as well as one's commitment to a meaningful cause.

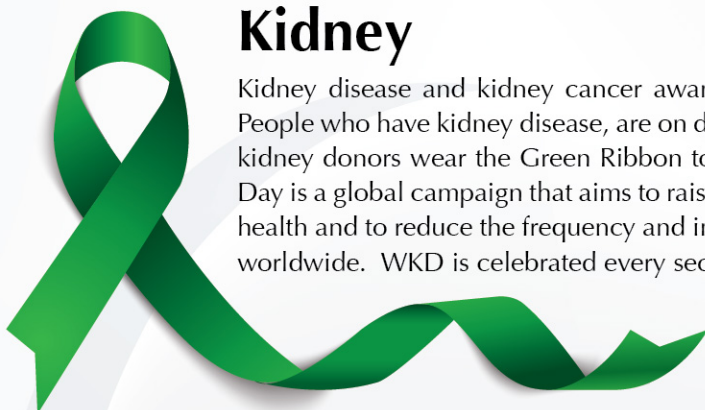
Here, we highlight the two awareness ribbons that represent Maaedicare Charitable Foundation's work in providing healthcare to our kidney and heart patients.

## Heart / Cardiac

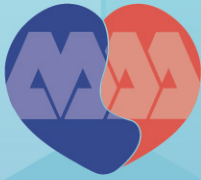


The Red Ribbon represents cardiovascular disease and heart disease awareness. The emphasis on heart disease awareness has grown in recent years, with more focus on the causes and misconceptions about this illness. The Red Ribbon colour is widely used in conjunction with the World Heart Day, on September 29th yearly. It is the annual observance and celebration to increase public awareness of cardiovascular diseases, including their prevention, management and their global impact. This one single day unifies communities worldwide, with engagement to promote multiple preventative steps and changes in lifestyle to avoid cardiovascular diseases that cause nearly half of all the non-communicable diseases in the world.

## Kidney



Kidney disease and kidney cancer awareness are two causes represented by the Green Ribbon. People who have kidney disease, are on dialysis, have received a kidney transplant, or who are living kidney donors wear the Green Ribbon to help raise awareness about the condition. World Kidney Day is a global campaign that aims to raise awareness of the importance of our kidneys to our overall health and to reduce the frequency and impact of kidney disease and its associated health problems worldwide. WKD is celebrated every second Thursday in March.



**MAAEDICARE**  
CHARITABLE FOUNDATION



# Health screening

## **Student Care Package RM130**

- **Blood Tests**  
(Full Blood Count, Urine FEME, Urine Pregnancy Test, Urine Drugs - Opiates & Cannabinoids)
- **Chest X-Ray with radiologist reporting**
- **Doctor Consultation**

## **Love Your Health Package RM140**

- **Blood Tests**  
(Full Blood Count, Kidney Profile, Liver Profile, Blood Sugar, Cholesterol Profile, Urine FEME)
- **Chest X-Ray with radiologist reporting**
- **ECG**
- **Doctor Consultation**

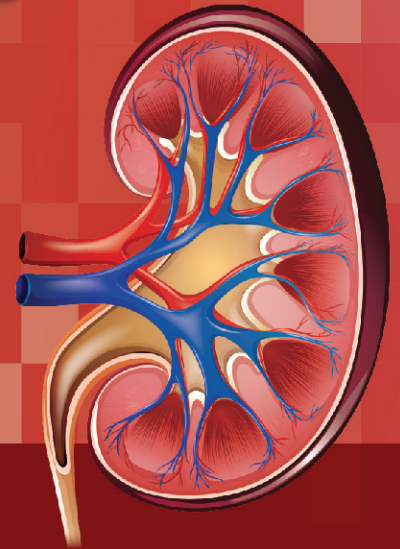
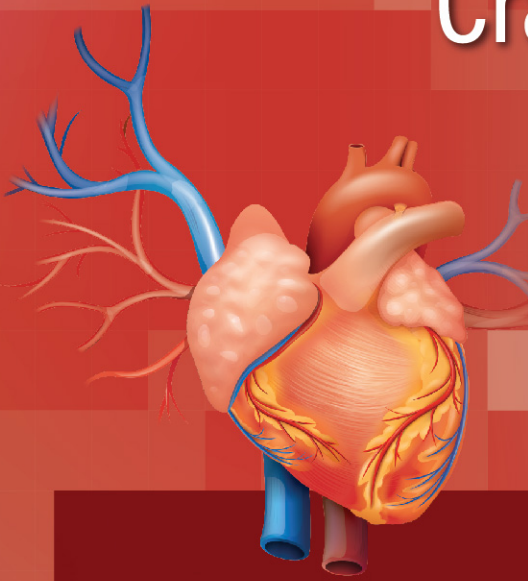
## **Deluxe Health Care Package RM290**

- **Blood Tests**  
(Full Blood Count, Kidney Profile, Liver Profile, Blood Sugar, Cholesterol Profile, Urine FEME, Blood Group, Hepatitis B screening, Inflammation Markers, Cancer Markers, Thyroid)
- **Chest X-Ray with radiologist reporting**
- **ECG**
- **Doctor Consultation**


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# Crazy Cool Facts About Your Heart & Kidney



- 01 Heartbreak Is Real. YES, you really can suffer – or in rare cases even die -- from a broken heart. It's a recognised medical condition commonly called broken heart syndrome, but officially diagnosed as stress cardiomyopathy or takotsubo cardiomyopathy.

- 02  It is a myth that a person's heart stops when they sneeze. This is because sneezing does not affect the electrical signals that control the heart rate. While it does not stop, but it may change its rhythm — briefly. This poses no threat to health or well-being.

- 03 **Want to know how hard your heart works?**  
Grab a tennis ball and squeeze it tightly: that's how hard the beating heart works to pump blood!



- 04 1 heart beat lasts for only 0.8 seconds. It pumps oxygenated blood to the whole body and expands to refill again in such a short time.
- 05 Heart is the rarest organ to be affected by cancer. This is because heart cells stop dividing early making it almost impossible for mutations to occur.
- 06 If all blood vessels of the heart are stretched, they can extend up more than 60,000 miles which is equivalent to warping around the world at least twice.

- 01 Kidney health matters. With a blood test, your doctor will look for a waste product called creatinine. Once your doctor knows how much creatinine is in your blood, they can use this, along with your age, race, and sex to measure how well your kidneys are working.

- 02 Having more than 2 kidneys or duplex kidneys is extremely rare, with fewer than 100 cases reported in medical literature and occurring in 1% of the population. It is thought to arise during embryonic development, when a structure that typically forms a single kidney, splits in two. Because the condition does not usually cause symptoms, people typically discover the additional kidney by accident through unrelated medical tests.

- 03 **How long can one expect the kidney transplant to last?**  
On average, transplanted kidneys last between 10 and 12 years.

- 04 Kidneys are capable of generating Vitamin D in the body. Skin is primarily responsible to generate Vitamin D in the body. However, if the skin fails, kidneys can get the job done besides liver.

- 05 Kidneys have a very high blood flow. They reabsorb and redistribute 99% of blood volume, leaving only 1% of blood to be filtered as urine.

- 06 Half of a kidney is capable to perform filtration that is usually done by both kidneys. This is why kidney donors can still lead a normal healthy life with just 1 functioning kidney.



# Patient Stories

Nurul Izzati, 33 years old



33-year-old Nurul Izzati or known as Zetty, was once an active runner. She used to participate in major marathons yearly and often ran the 10km. But all that changed in 2019.

Preparing for one such marathon, she became lethargic, experienced loss of appetite and often had a fever. At first, she dismissed the symptoms until she started having breathing difficulties.

After a visit to the government clinic, she was immediately referred to the emergency department in a hospital. Tests done detected that she was anemic due to low haemoglobin levels, and a 4-hour blood transfusion was performed.

What came after was a complete shocker to her – as a blood test diagnosed her with kidney failure!

"I was very active before and therefore I always thought I was healthy. Little did I realise that without regular health checks, my kidney function failed," she recalled.

Zetty was then introduced to **Maaedicare Charitable Foundation** which runs charity dialysis services and began treatment in October 2019. As Zetty is a civil servant, her treatment cost is sponsored by the Public Service Department (Jabatan Perkhidmatan Awam – JPA).

**"I am happy to have met your team at Maaedicare Charitable Foundation. Renal failure can affect anyone even though you are active. Make sure you go for regular or a routine screening and check on your kidney health," she offered.**

Tan Tuan Yee, 68 years old



For 68-year-old retired teacher Tan Tuan Yee, feeling bloated with a loss of appetite triggered a visit to the government hospital in February 2021. Upon admission and with preliminary tests done for 3 days, the attending doctor informed him that he needed to see a cardiologist for a cardiac screening. However, the government hospital also told him the earliest date available was in 6 months!

Stressed, this pensioner began to explore medical centers and private hospitals, which offered the same cardiac screening. Soon, he was agonising over the high cost of screenings. Enduring sleepless nights and his high blood pressure reading shooting up, he decided to do a Google search and came across **Pusat Jantung Amal Maaedicare**, a charity heart centre.

Excited, he called and was reserved for a heart screening in less than 3 days! Paying only RM4,000 for all the required screenings and an angiogram, Tan was then referred by our consultant cardiologist to undergo a bypass surgery as two of his arteries had a 90% blockage!

"I feel blessed to have come across your charity centre. Your doctors and support teams were friendly and enormously professional. My whole journey - at a time when I was in low spirits about my health – became easier to deal with. Having two arteries with a 90% blockage was a disaster waiting to happen but all said and done, my road to fitness was pleasant because of your centre's commitment to my medical condition.

**"Moreover, I am retired and Pusat Jantung Amal Maaedicare, offered me the best heart screening package than most private hospitals. I am truly grateful," Tan said, adding that he now lives a health-conscious lifestyle with good rest, a healthy diet and stays active.**

The whole process with our charity centre, empowered Tan on his road to recovery and in September 2021, he was given a good bill of health by the heart centre that carried out his bypass surgery.

Stay healthy Uncle Tan, we at **Pusat Jantung Amal Maaedicare**, are happy to have served you!



James Tilak Kumar Paul, 45 years old



Six years ago, James Tilak Kumar Paul was diagnosed with renal failure, after being admitted to the hospital with high blood pressure, a swollen leg, high serum creatinine levels and low Estimated Glomerular Filtration Rate (eGFR) reading.

Advised to undergo haemodialysis treatment, James began dialysis sessions at a specialist hospital in Johor. As the cost was too high, his nephrologist then introduced him to Maaedicare Charity Dialysis Centre as it offered affordable pricing. Presently his treatment cost is sponsored by Social Security Organisation (SOCSCO).

Tan is our oldest patient, and the former clerk has been with the Maaedicare Charity Dialysis Centre for 21 years.

Little did Tan know that high blood pressure during pregnancy could lead to a lifetime of dialysis treatments.

When she was pregnant with her only son, Tan's blood pressure reading was so high that the baby needed oxygen support when he was delivered. Being left with no choice, Tan had to depend on blood pressure medicine for the rest of her life. Then, just in 2000, she was diagnosed with renal failure. The doctor indicated that the medication could have been a contributor for the renal failure.

Although Tan needs to undergo treatment 3 times a week, she is glad she chose Maaedicare Charity Dialysis Centre because she is treated well by friendly staff. Her dialysis is sponsored by the Social Security Organisation (SOCSCO).

Tan Siew Lian, 72 years old



Zamri is both our heart and dialysis patient.

When lethargy hit him and with a fast heartbeat, Zamri found it difficult to even complete his 4-hour dialysis treatment. His nephrologist then referred him to the government hospital, and after a blood transfusion due to a history of Thalassemia, Zamri got an appointment for a heart screening.

But a long wait for 6 months was too much for him to handle as he needed to undergo dialysis treatments.

That was when Zamri got a suggestion to visit the Maaedicare Cardiac Diagnostic Centre. He could not afford the diagnostic screening and had applied for our Patient Welfare Fund, where his diagnostic screening cost was taken care of.

Mohammad Zamri, 54 years old







Duopharma Biotech Group (“Duopharma Biotech” or “the Company”) began with the establishment of Duopharma (M) Sendirian Berhad in 1978. Duopharma Biotech was incorporated in 2000 and is today one of Malaysia’s leading pharmaceutical companies listed on the Main Market of Bursa Malaysia Berhad.

Duopharma Biotech has core competencies in the pharmaceutical industry inclusive of Manufacturing, Research & Development and Commercialisation & Marketing of over 300 generic drugs such as Ranofer and Glucoxit as well as Consumer Healthcare (“CHC”) products including CHAMPS®, FLAVETTES®, PROVITON® and Uphamol, which are well-recognised and accepted by consumers in Malaysia, regionally and globally. The Company has also diversified into the biosimilars space with technology and commercialisation collaborations with credible and strong international partners. Few biosimilars brands being commercialized are ERYSAA®, Basalog One® and Zuhera.

Headquartered in Kuala Lumpur, Malaysia, Duopharma Biotech owns and operates three manufacturing plants in Klang, Bangi and Glenmarie, Selangor. Duopharma Biotech also has subsidiary companies in the Philippines and Singapore. A subsidiary of Duopharma Biotech Berhad has a representative office in Jakarta, Indonesia.

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# Media Highlights



## Traxx FM

**Dr. Haji Azriman Rosman**

Dr. Haji Azriman Rosman, our Chief Executive Officer shared insights into fasting and kidney patients on Traxx Fm on 5th May 2021.

Hosted by popular DJ Kong Eu, Dr. Azriman elaborated on the concerns of kidney patients when fasting during Ramadan, aside from the history of how fasting started and the benefits of fasting to the body.

## Zayan Radio (ASTRO)

**Dr. Johan Rizwal Ismail**

In conjunction with World Heart Day, Maaedicare Cardiac Diagnostic Centre Cardiologist Consultant Dr. Johan Rizwal Ismail was on air with Zayan Radio (Astro) to speak on the number 1 killer in Malaysia - cardiovascular diseases. The interview was pre-recorded on 8th September 2021.



## “Go live with Doctor” on Kidney & Heart Diseases

**Dr. Muhammad Shazli & Dr. Nik Mohd Adzrul**

“Go live with Doctor” was a webinar initiative during the pandemic in July and September, and it saw our medical officers (MOs) being featured on kidney and heart health. The webinar series in four sessions, was hosted by Nani Roslan.

Dr. Muhammad Shazli who represented Kidney Operations, shared with the audience on how to manage kidney diseases during Covid-19 aside from elaborating on the key causes of kidney failure.

Meanwhile, Dr. Nik Mohd Adzrul from the cardiac centre, spoke on heart health and the grave effects of Covid-19 in heart patients.





# INTERNATIONAL WOMEN'S DAY



# WORLD KIDNEY DAY



# WORLD HEART DAY





# Chinese New Year



# Hari Raya Aidilfitri



# DEEPAVALI

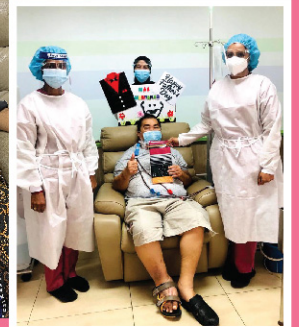
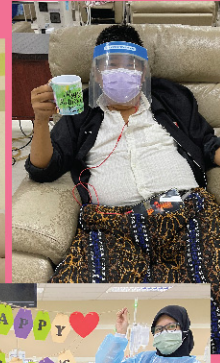
# CHRISTMAS







## Mother's & Father's Day



## MERDEKA DAY





# VACCINATION



# TRAINING



# CAMPAIGN HIGHLIGHTS

**INTRO : 8 GOLDEN RULES**  
STAY TUNED!





## BIRTHDAY CELEBRATIONS



## Flash Floods Appeal

When the flash floods hit many states in late 2021, the Foundation sprang into action to launch an appeal for our affected patients. Most patients required food aid, temporary shelter, first aid supply, warm clothing, toiletries, dialysis treatment cost, transportation assistance to dialysis centres and home repair assistance.

We are glad so many came forward instantly. No contribution was too small and all donations had a positive impact on patients who faced the difficult task of rebuilding their lives.

Our heartfelt thank you to all our 15 donors during the appeal period.



Left to right, CEO Dr. Haji Azrman Rosman receiving a cheque from iRADsSolve Sdn Bhd director Syed Taufik Taha, for the flash floods appeal.



## Patient Welfare Fund (PWF)



In 2009, the Foundation started 2 new initiatives - the Patient Welfare Fund (PWF) and the Kids@Maaedicare programmes. Both these programmes aim to assist our financially- challenged patients and their school-going children with medical subsidies and assistance, and back-to-school supplies, respectively. In 2021, we provided some of these much-needed assistance to them. Up to 2021, 1, 067 students have benefitted from our back-to-school programme.





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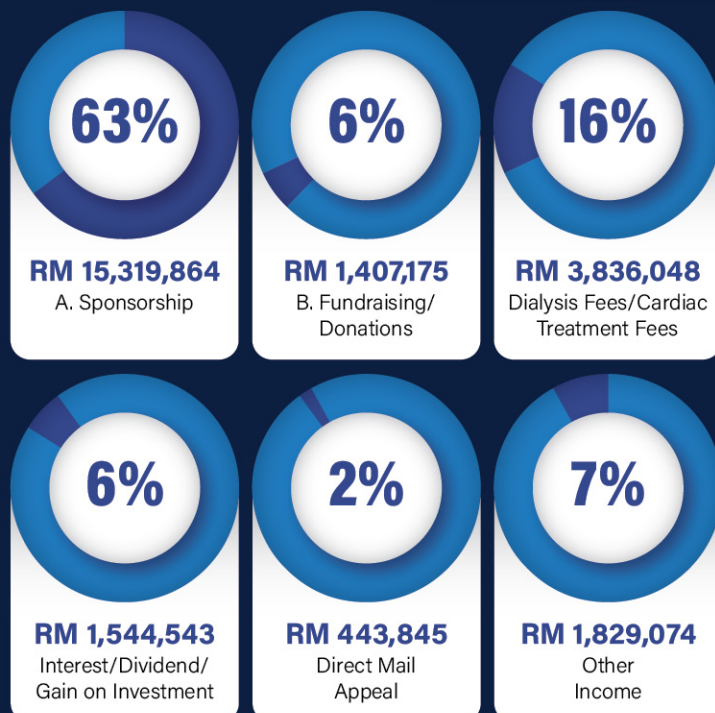
Email: [office@nipro.com.my](mailto:office@nipro.com.my) Website: <https://www.niproasia.com.sg>





## FINANCIALS - KIDNEY & HEART CHARITY FUNDS

### INCOME 2020

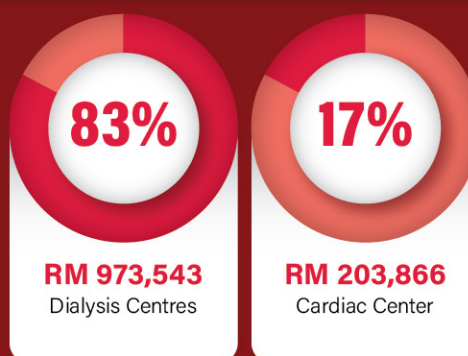
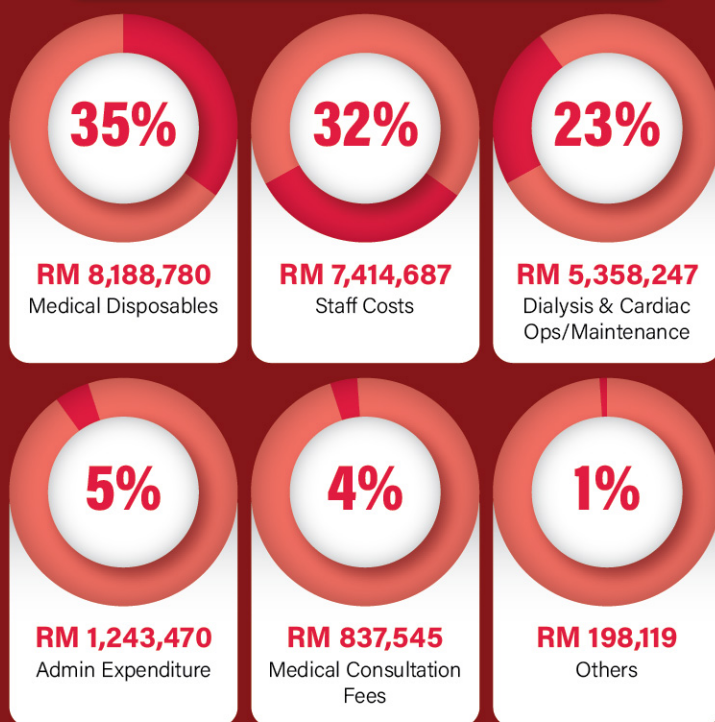


A. SPONSORSHIP		RM
1. PERKESO		8,804,580
2. KKM		1,817,273
3. STATE GOVERNMENTS		1,299,707
4. PARTNERS		334,931
5. JPA		898,320
6. OTHER SPONSORS		2,165,053
<b>TOTAL</b>		<b>15,319,864</b>
B. FUNDRAISING/ DONATION		RM
1. GIFT PROG/ EVENTS		636,229
2. EQUIPMENT DONATED		400,000
3. CASH DONATION		370,946
<b>TOTAL</b>		<b>1,407,175</b>

**TOTAL RM 24,380,549**

### A. OPERATIONS EXPENDITURE 2020

### B. CAPITAL EXPENDITURE 2020



**TOTAL RM 1,177,409**

**TOTAL RM 23,240,847**

**TOTAL EXPENDITURE A+B**

**24,418,256**

### PATIENT WELFARE FUND - SUBSIDIES AND ASSISTANCE

**RM 243,620**  
Dialysis Treatment Subsidies

**RM 8,712**  
Kids@Medicare

**RM 3,594**  
Bloodtest Subsidies

**TOTAL RM 255,926**



# MAA MEDICARE CHARITABLE FOUNDATION

(Incorporated under the Trustees Act, 1952)

## STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2020

	2020 RM	2019 RM
<b>NON-CURRENT ASSETS</b>		
Property and equipment	22,269,856	24,288,742
Right-of-use assets	888,100	621,802
Financial assets at fair value through profit or loss ("FVTPL")	18,329,177	11,421,650
	<u>41,487,133</u>	<u>36,332,194</u>
<b>CURRENT ASSETS</b>		
Inventories	1,285,165	1,128,840
Dialysis fees receivables	2,272,598	5,065,991
Rental deposits	309,211	282,685
Other receivables and prepayments	1,565,018	709,112
Fixed deposits with licensed financial institutions	14,770,795	18,578,943
Cash and cash equivalents	6,766,006	6,301,416
	<u>26,968,793</u>	<u>32,066,987</u>
<b>LESS: CURRENT LIABILITIES</b>		
Amount due to suppliers	390,677	1,084,158
Patients' deposits	363,165	336,441
Rental deposit	25,291	9,682
Others payables and accruals	750,219	1,194,851
Lease liability	390,794	399,260
	<u>1,920,146</u>	<u>3,024,392</u>
<b>LESS: NON-CURRENT LIABILITY</b>		
Lease liability	529,698	252,996
<b>TOTAL LIABILITY</b>	<u>2,449,844</u>	<u>3,277,388</u>
<b>NET CURRENT ASSETS</b>	<u>24,518,950</u>	<u>28,789,599</u>
	<u>66,006,083</u>	<u>65,121,793</u>
<b>TRUST FUND</b>		
Accumulated funds	65,850,380	65,010,678
Patient and Children Welfare Funds	155,703	111,115
	<u>66,006,083</u>	<u>65,121,793</u>

The Financial Statements are audited by PricewaterhouseCoopers PLT



# MAA MEDICARE CHARITABLE FOUNDATION

(Incorporated under the Trustees Act, 1952)

## STATEMENT OF COMPREHENSIVE INCOME FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

	2020 RM	2019 RM
<b>INCOME</b>		
Dialysis fees	19,155,912	18,763,027
Direct expenses	(8,188,780)	(8,553,807)
	<u>10,967,132</u>	<u>10,209,220</u>
Donations	770,946	1,212,446
Income from charity events	1,078,087	1,782,300
Other income	<u>2,489,073</u>	<u>2,922,078</u>
	<u>15,305,238</u>	<u>16,126,044</u>
<b>LESS: EXPENDITURE</b>		
Staff costs		
• Salaries, bonus and other staff related expenses	7,094,196	6,700,837
• Defined contribution retirement plans	294,663	307,212
Property and equipment:		
• Depreciation	3,166,210	3,277,088
• Written off	6,223	3,317
• Gain on disposal	(46,588)	-
Depreciation – Right-of-use assets	472,566	476,596
Interest expense – Right-of-use assets	47,771	64,258
Rental	256,000	276,000
Water and electricity	897,904	1,111,716
License	44,661	39,757
Maintenance expenditure	504,682	665,728
Fundraising project expenditure	17,175	71,533
Disposal of clinical waste	331,051	372,862
Insurance	87,937	83,373
Provision for doubtful debts	9,133	(61,412)
Telephone and fax	70,374	64,596
Transportation charges	98,763	104,009
Sponsorship	22,682	120,380
Specialist fees	837,545	598,310
Fair value gain on FVTPL investments	(886,531)	(158,280)
Other charges	<u>839,119</u>	<u>695,451</u>
	<u>14,165,536</u>	<u>14,813,331</u>
<b>SURPLUS FOR THE FINANCIAL YEAR</b>	<u>1,139,702</u>	<u>1,312,713</u>


The Financial Statements are audited by PricewaterhouseCoopers PLT





NO	CENTRE	NAME	YEARS OF SERVICE
1	KOTA BHARU	ZAIDAH BINTI AB WAHAB	20
2	KOTA BHARU	ROSLEECHAN BIN HARUN	20
3	KUCHING	LEONG SIEW CHIN	15
4	S. PRAI	ISMARIYA BINTI ISMAIL	10
5	SECRETARIAT	RADHICKA RAMESH	5
6	JB 1	MOHAMAD AZAM HAIQAL BIN JAFARY	5
7	K. KINABALU	ALYSTIA GEORGE JIMOL	5
8	SECRETARIAT	NOREZALIZA BINTI ABDUL KARIM	5
9	KUCHING	MELISSA ANAK UMPOH	5
10	KUCHING	JESSICA LEMIT ANAK JAPING	5
11	K. KINABALU	NUR FAZRINA BINTI ABIDIN	5
12	S. PRAI	UMI NATRAH BINTI IBRAHIM	5
13	KUCHING	DENNY BARANG ANAK PUCHAU	5
14	CHERAS	ROHANA BINTI NIK RAMLEE	5
15	KUCHING	ABIGAIL ANAK MORINI	5
16	BERCHAM	NUR BAIZURA BINTI OTHMAN	5
17	MENTAKAB	MOHAMAD NASFARIZAL BIN OTHMAN	5





2021 saw 13 dialysis machines, chairs and stainless-steel tables donated to the Foundation by our generous sponsors.

A big

# Thank You

to our big-hearted donors:

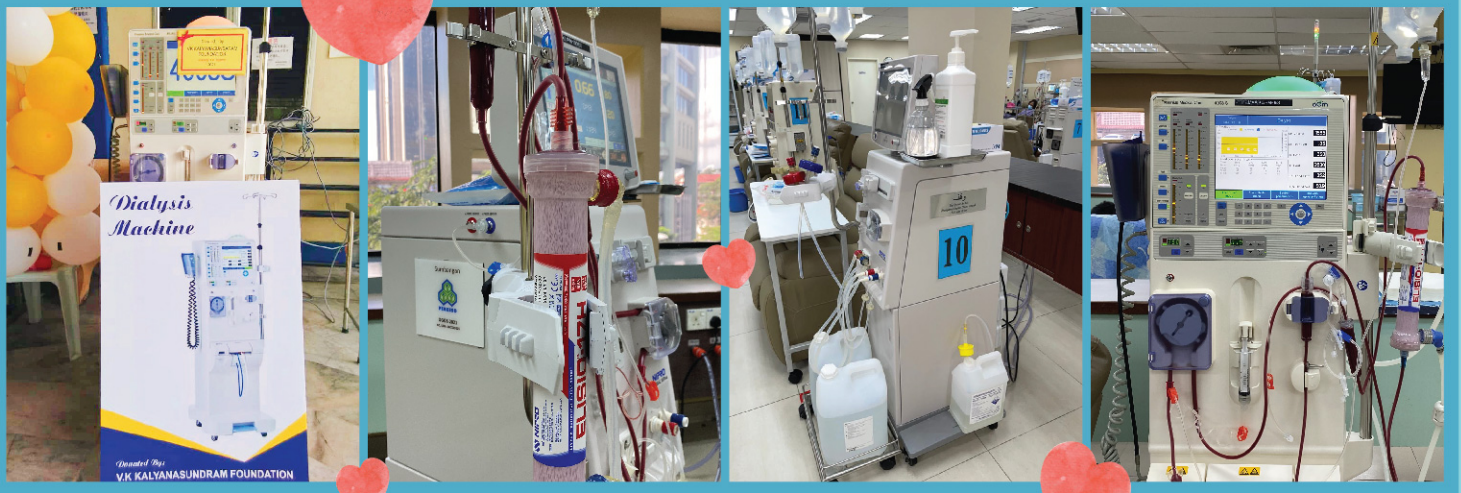
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