

# CHARITY DANCE PARTY

JAZZERCISE MALAYSIA recently hosted a Sweat2Smiles charity dance party and raised RM111,000 in aid of MAA Medicare (MAA Medicare Kidney Charity Fund), a local charity organisation that provides subsidised dialysis treatment for over 830 kidney patients.

Some 500 participants, including top Jazzercise instructors from studios across the country, customers, family and friends — some from abroad as far as the Seychelles, Norway and Japan — collected pledges and participated in this huge group dance



fitness event in Kuala Lumpur.

With Jazzercise you can burn up to 600 calories in one 60 minute cardio and strength fitness class. The

high intensity dance-based fitness programme mixes cardio, strength training, kickboxing and power yoga with chart-topping music.