



MAA MEDICARE
CHARITABLE FOUNDATION



MEDI *Info* 2020

Providing Charitable Medical Care
To Underprivileged Malaysians

Message from our



Chief Executive Officer



As we leave 2020, I am humbled by the fact that the challenges we faced at the beginning of that year remain so unyielding.

Covid-19 pandemic has created and left a gaping disorder globally. It has resulted in loss of livelihoods as financial and social disruption has been demoralising and there are many on the brink of falling into poverty.

Despite this, MAA Medicare Charitable Foundation has been methodically focussed on providing paramount dialysis treatments which our patients have to undergo 3 times a week.

The treatments remain as our top priority as it is considered a medical necessity to ensure our patients are able to live a life as normal as possible. Though our work never subsides, I draw great inspiration from the knowledge that we are never alone as we carry out our work. Our team of frontliners are a wonderful reminder of this fact. They work hard and long hours to provide their best to our patients whilst acknowledging that they are constantly at risk of exposure to the virus, and hence, brace themselves to face the challenges ahead.

To our sponsors and donors, thank you for your contribution to our charitable cause. In light of the economic hardship caused by the pandemic, your help is greatly appreciated and is of utmost importance to us and our patients.

For the past years, our Foundation has been actively making a difference in the community via the initiatives of both of its non-profit arms to provide awareness, support, treatment and charitable medical care to underprivileged Malaysians.

Having said this, I believe a shift in focus is required, towards prevention and early detection for renal and cardiac diseases – and towards empowerment for people, with a view to promote greater health and well-being in a sustainable way, while strengthening integrated public health and reducing inequalities.

To achieve this, our activities involve cooperating with other stakeholders to address the wider determinants of health, and with health professionals as primary health care providers who play a key role in preventing illness and promoting health.

All stakeholders must work in a cohesive manner to build capacities in order to make them more self-sufficient and resilient in the face of future challenges. Thank you for continuously believing in the work we do and for your enduring support to us, during these pressing times.

I hope this message of hope will inspire us all as we continue our vital work together.

Dr. Haji Azriman Rosman
(Chief Executive Officer)
MAA Medicare Charitable Foundation



MEDIA Highlights



BFM Radio - Dr. Haji Azriman Rosman

Our Chief Executive Officer, Dr. Haji Azriman Rosman had an interview with BFM Radio and spoke on insights into charitable organisations and how Covid-19 has impacted them, chronic kidney diseases and cardiac health. The interview was conducted through Zoom due to the Covid restrictions on 5th June 2020.

Astro Radio News - Dr. Chong Wei Peng

MAA Medicare Cardiac Diagnostic Centre Consultant Cardiologist, Dr. Chong Wei Peng, was on radio with Astro Radio News to speak about how exercise impacts heart health. The interview was done in conjunction with World Heart Day 2020 on 29th September 2020.



TraXXfm Radio - Dato' Dr. Ghandhiraj

In conjunction with World Heart Day, MAA Medicare Cardiac Diagnostic Centre Medical Advisory Committee Chairman and Board of Governors, YBhg Dato' Dr. Ghandhiraj Somasundram, a Consultant Thoracic and Cardiovascular Surgeon spoke with TraXXfm. Hosted by DJ Kong Eu, Dato' Dr. Ghandhiraj elaborated on cardiac issues.

CARDIAC DIAGNOSTIC CENTRE



This is Malaysia's FIRST charitable cardiac diagnostic centre.

The MAA Medicare Cardiac Diagnostic Centre was established in September 2018, under the auspices of the MAA Medicare Heart Charity Fund.

We provide quality care and comprehensive cardiac and vascular services and consultation at highly subsidised rates, based on the patient's socio-economic background. The aim of the centre is to ensure underprivileged Malaysians have access to high quality, state-of-the-art cardiac and vascular treatments - at subsidised costs.

The centre presently has a team of 6 renowned interventional and non-invasive consultant cardiologists, along with 10 medical and support staffs.

We are a 12-bedded facility, providing 10 types of cardiac health screening and complementary services such as:

- Blood test
- Electrocardiogram
- Echo Cardiogram
- Treadmill Stress Test
- X-ray
- Cardiac CT Scan
- Calcium Score
- Plain and Contrast CT Scan
- Coronary Angiogram
- Angioplasty



Visit us today! Call us at 016-228 1166 and make an appointment!

MAA MEDICARE CHARITABLE FOUNDATION

Heart Screening

VIP Cardiac Care Package



- 1. **Blood Tests**
(Full Blood Count, Kidney Profile, Liver Profile, Cholesterol Profile, Blood Sugar, Urine FEME)
- 2. **ECG**
- 3. **Echocardiogram**
- 4. **CT Calcium Score**
- 5. **CT Lung Low Dose**
- 6. **CT Coronary Angiogram**
- 7. **Cardiologist Consultation**

AT
RM 2,900

Premier Heart Care Package



- 1. **Blood Tests**
(Full Blood Count, Kidney Profile, Liver Profile, Cholesterol Profile, Blood Sugar, Urine FEME)
- 2. **ECG**
- 3. **Treadmill Stress Test**
- 4. **Echocardiogram**
- 5. **CT Calcium Score**
- 6. **CT Lung Low Dose**
- 7. **Cardiologist Consultation**

AT
RM 1,180

KKLIU 2030/2020

Healthy Heart Screening



- 1. **Blood Tests**
(Full Blood Count, Kidney Profile, Liver Profile, Cholesterol Profile, Blood Sugar, Urine FEME)
- 2. **Chest X- Ray with radiologist reporting**
- 3. **ECG**
- 4. **Treadmill Stress Test**
- 5. **Echocardiogram**
- 6. **Cardiologist Consultation**

AT
RM 590

Goodbye Dato' Aliyah

14 APRIL 2020



Thank you Dato' Aliyah Karen for 22 years of selfless service towards improving the welfare of the underprivileged.



Her commitment and passion for charity work has resulted in MAA Medicare Charitable Foundation (MMCF) becoming a top-notch non-profit which provides medical and other much needed services to those deserving today.

Since 1998, she has been a mentor to the staff at the Foundation, whereby she coached and motivated them to perform their best. She has also managed to get all dialysis patients here, onto high-flux dialysis and has carried out many fundraising events for the Foundation.

Dato' Aliyah - your heart for kindness, your ears for compassion, your hands for charity, your mind for truth and love - make us realise how the smallest things in life really matter!

We wish you many more years of good health, happiness and success in your future endeavours. We thank you from the bottom of our hearts for your exemplary leadership and guidance.

Much love from the MMCF family!



Key Highlights 2019!

Burpees...



Machine Tagging



Jazzercise



Hafsah Abdul Kudus

79 years old



Meet Hafsah Abdul Kudus, 79, who comes in 3 times a week for her dialysis at our MAA Medicare Charity Dialysis Centre in Jalan Ipoh. She is our oldest female dialysis patient and has been with us since 2019. Hafsah from Wangsa Maju, was diagnosed with renal failure in 2016 - when she had undergone a routine checkup at a hospital. There, she was told at 75, that she was suffering from high blood pressure and diabetes. Following that, she underwent dialysis sessions at two different hospitals but found them to be costly. "I found out that MAA Medicare Charity Dialysis Centre had cheaper options for the treatment and I am happy to come here as the staff are friendly. Additionally, I am comfortable with the affordable pricing for my sessions," she said.

Hafsah confessed that she will probably be on lifelong dialysis treatment due to her old age, and a kidney transplant may not be a feasible option. Get a checkup done; pay attention to your kidney health.

Aimi Amalina Hanipah, 28, is hopeful that someday she is able to once again undergo a kidney transplant. She had her first transplant in 2011 but unfortunately it did not work out after a year and she was back on dialysis. Aimi is our youngest female dialysis patient, and she has been on dialysis at the MAA Medicare Charity Dialysis Centre in Jalan Ipoh for more than a year.

An online entrepreneur who lives in Gombak, Aimi was diagnosed with renal failure after a medical check-up in 2010 when she was just 18 years old. "This dialysis centre is the nearest to my home. I enjoy interacting with the staff here whenever I come for my treatment," she said when met. Renal failure can affect anyone without a warning. Be sure to get your screening for kidney health done!

Aimi Amalina Hanipah

28 years old



Syed Aiman Syed Abu Bakar

25 years old



Meet Syed Aiman Syed Abu Bakar. He is 25 years old and works as a chef at one of Kuala Lumpur's leading hotels. In 2018, suspecting something was amiss, he underwent a kidney biopsy. It was then revealed that he had chronic kidney disease. Opting to be treated at the MAA Medicare Charity Dialysis Centre at Jalan Ipoh, Syed Aiman fondly remembers that he was given a warm welcome by the nurses when he first arrived at the centre. He also reminisced about how he had observed the other patients at the dialysis centre and often wondered how they went about their daily lives.

Fortunately for him, after 1 ½ years of treatment, he is able to do most of the things that a 25-year-old would yearn to do. His treatment cost is sponsored by the Federal Territory Islamic Religious Council's Baitulmal. Syed Aiman wishes to thank the doctors, nurses and staff for their unwavering commitment and selfless service in saving lives.

Chong Lily has been on dialysis for most part of her adult life. She has been visiting MAA Medicare Charity Dialysis Centre for her treatment for 31 years. A former accounts clerk, her life nose-dived when she was diagnosed with chronic kidney failure when she was 34. Now at 63, she is resigned to the fact that she will never do a kidney transplant due to her age and a lack of suitable donors.

Lily is one of our patients who has over the years, familiarised herself on how to prepare her own hemodiafiltration (HDF) machine, a process which takes 30 minutes. On her challenges as a dialysis patient, Lily said she is mostly sleep deprived and catches up on it, as much as possible whenever she is able to. On the bright side, she said she has a good appetite and takes supplements daily as part of her nutritional requirement.

Chong Lily

63 years old





1. Celebrations

Celebratory events such as birthday gatherings and Deepavali were still made memorable at our headquarters and centres, with strict compliance to the SOPs.

Here, we celebrated September and October babies at the HQ while our Seberang Perai centre handed hampers to dialysis patients for the Festival of Lights.



2. | Papa's & Mama's Day

Everything we are today, we owe it to our parents who brought us into this world. They have sacrificed a lot to raise us. Each year, we celebrate Mother's Day and Father's Day to honour them. We love you Moms and Dads! Thank you!



3. | Eid Mubarak

Raya is about feast, homecoming, forgiveness and reconciliation. Due to the pandemic and travel restrictions that were implemented, many families were not able to celebrate this special occasion together. Cherishing our patients, staff celebrated Raya together to strengthen bonds. Even if we are apart, what matters is what is in our hearts. Happy Eid!



4. Selamat Hari Merdeka



We celebrated this historic day with traditional outfits and our national flag - the 'Jalur Gemilang'. Our dear patients made wonderful memories with our staff at the various centres as they joined in the festivities in keeping up with this year's theme of 'Malaysia Cares'. Selamat Hari Merdeka, semua!



6. Malaysia Day

A quote by Malaysia's Father of Independence reminds us why it is important to remember the strings that hold us together. "We are all Malaysians. This is the bond that unites us. Let us always remember that unity is our fundamental strength as a people and as a nation." - Tunku Abdul Rahman.





5. | World Heart Day

The theme of World Heart Day 2020 - Use Heart to Beat Cardiovascular Disease. Our centres were abuzz with activities as they celebrated World Heart Day with our patients. Among the activities held were inspiring health talks and cardiopulmonary resuscitation (CPR) training to create awareness on heart health. Kudos to all teams involved!



7. Donation A

As a non-government organisation, a little goes a long way especially during these hard times. continue working and providing optimum care to the patients while staying healthy.



8. Nurse's Day

A quote by Florence Nightingale reminds us that we need to appreciate the efforts of nurses all around the world: "Nursing is an art: and if it is to be made an art, it requires an exclusive devotion as hard a preparation as any painter's or sculptor's work."

We applaud the efforts of our nursing teams as they strive to provide the best quality care to our patients especially during the pandemic. They work tirelessly as frontliners while putting themselves at risk to ensure that our patients are able to undergo their crucial dialysis sessions 3 times a week. We thank all our nurses for their selflessness and their awe-inspiring dedication, every single day.



n Appreciation

nes. We would like to thank everyone who had donated necessities to our frontliners enabling them to
Your kind gestures are forever etched in our memories. Thank you!



9. Breakout Session / Team Building



MAA Medicare employees participated in a breakout session at Avenue K - to strengthen bonds and establish good rapport. They were split into 2 teams and everyone had a blast solving unique puzzles. In the end, it did not matter who won or lost, it was all about having fun and building good relationships.



10. Chief Executive Officer Visits

"The best leaders have a high consideration factor. They really care about their people." - Brian Tracy.

There are many small things that we do to create, sustain, and improve our company culture, and one of them includes being in regular touch with our dialysis staff. Chief Executive Officer, Dr. Haji Azriman Rosman, often visits our centres and bonds with staff and patients. Establishing rapport, he encourages open dialogues, engages them on their needs, and prioritises key actions.

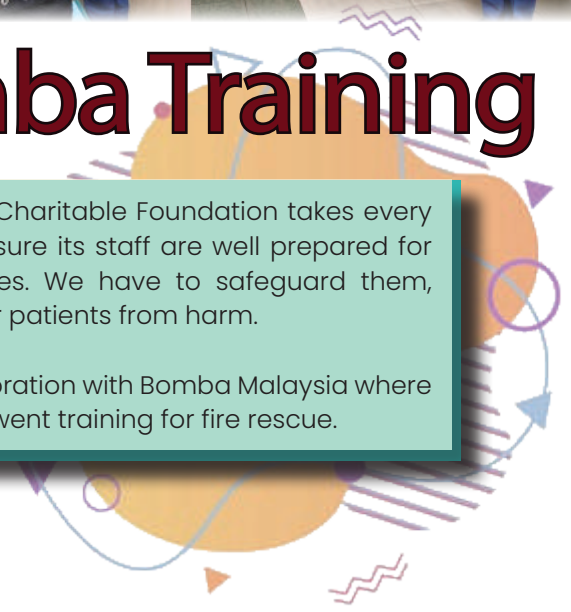
This of course translates into the smooth operations at our centres. There is nothing better than having your team on the same page and moving towards the same goal, don't you think?



12. Bomba Training

MAA Medicare Charitable Foundation takes every measure to ensure its staff are well prepared for any eventualities. We have to safeguard them, and protect our patients from harm.

A timely collaboration with Bomba Malaysia where our staff underwent training for fire rescue.





11.

Private Medical Practice Control Section (CKAPS) Visit

As a medical facility, we strive to ensure our centres operate in compliance with rules and regulations set in place. The Ministry of Health's Private Medical Practice Control Section (CKAPS) and Private Medical Practice Control Unit (UKAPS) visit our centres to regulate and monitor our healthcare services.

This is to ensure our centres operate at optimal levels and efficiently, and in accordance with the Ministry's directives to provide safe and quality care for our patients.



13. Van Services



"There's nothing more rewarding than giving back and making a difference in the lives of people in this great community." – Frank Guzzetta.

This quote really strikes deep as we aspire to provide the best for our patients and help ease their struggles.

This new transport service really helps our patients who struggle to get to our centre for dialysis 3 times a week. Putting a smile on our patients' faces, makes a difference.

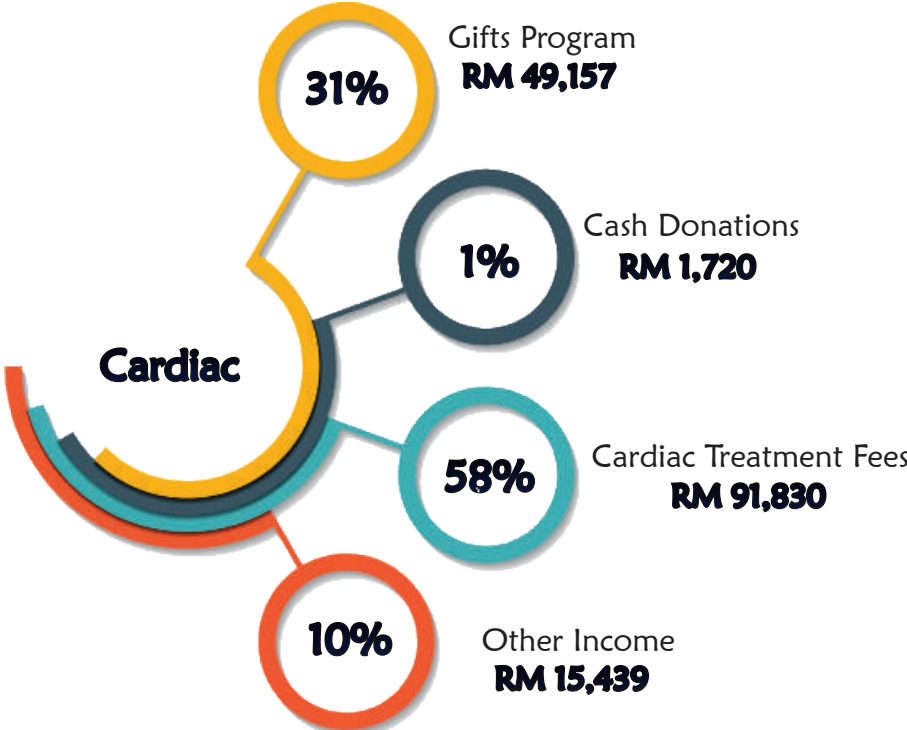




FINANCIALS

MAA Medicare *Heart* Charity Fund 2019

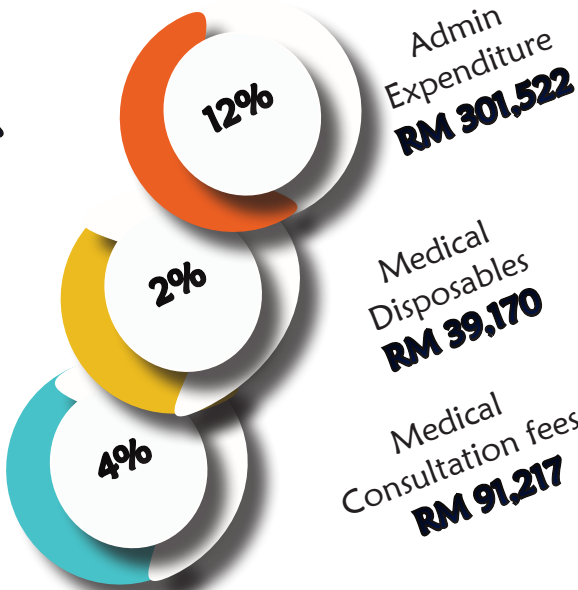
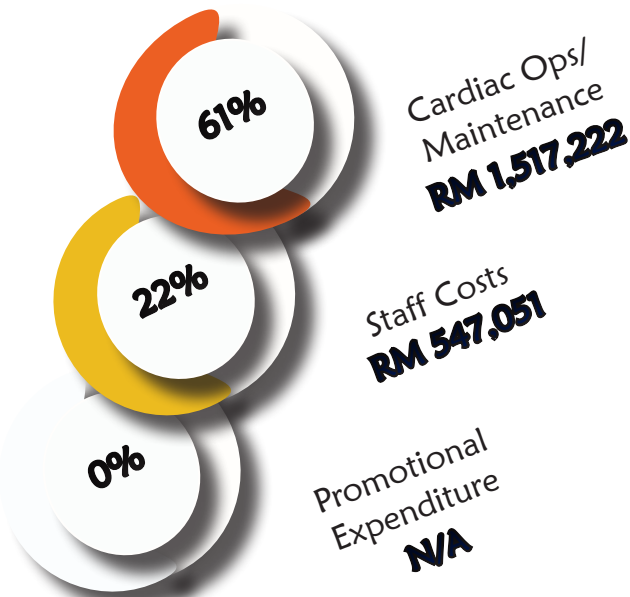
INCOME
RM158,145



A OPERATION EXPENDITURE
RM2,496,181

B CAPITAL EXPENDITURE
RM411,436

TOTAL EXPENDITURE
RM2,907,617

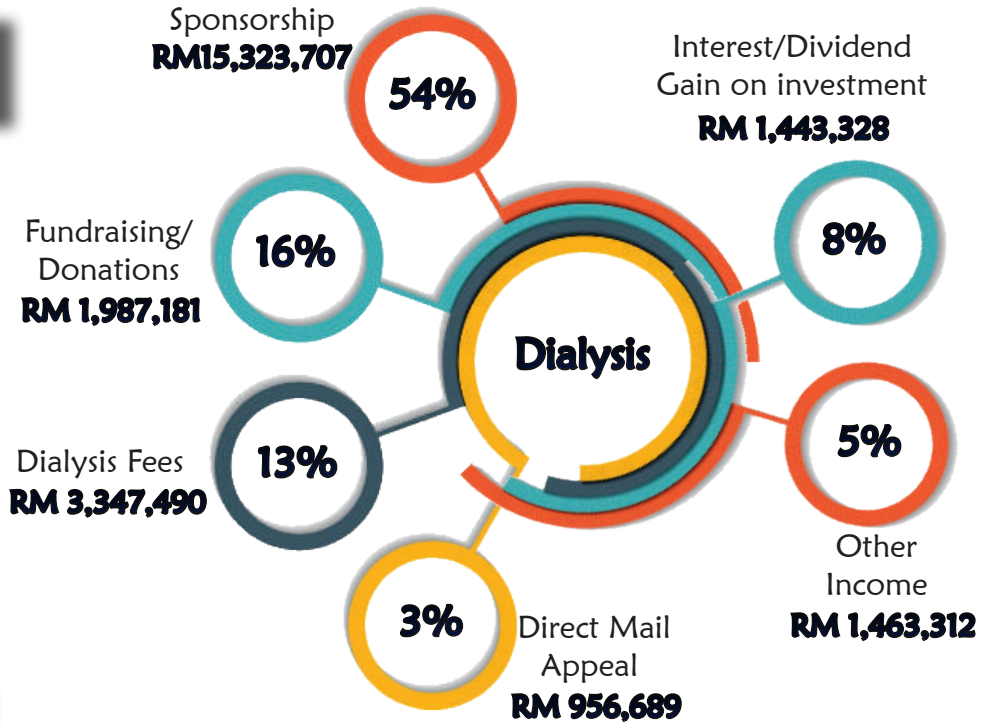




FINANCIALS

MAA Medicare *Kidney* Charity Fund 2019

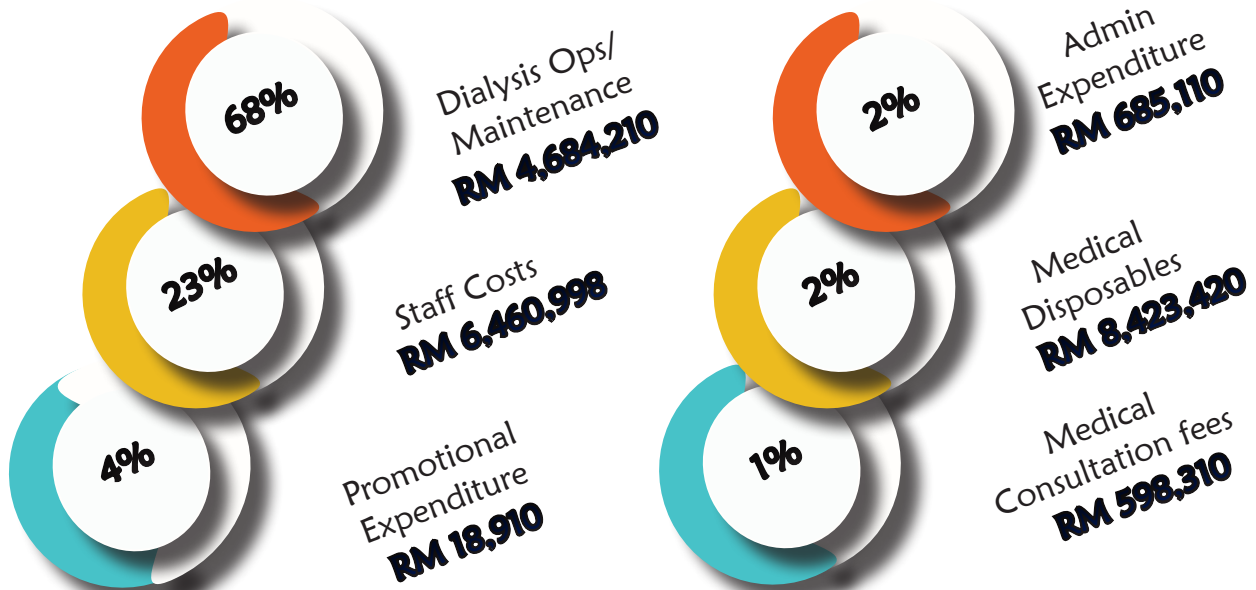
INCOME
RM24,521,707



A OPERATION EXPENDITURE
RM20,870,958

B CAPITAL EXPENDITURE
RM934,506

TOTAL EXPENDITURE
RM21,805,464



Abridge Statement of Financial Position

as at 31 December

	2019 RM	2018 RM
NON-CURRENT ASSETS		
Property and equipment	24,288,742	26,223,206
Right of Use Assets	621,802	-
Financial assets at fair value through profit or loss ('FVTPL')	11,421,650	12,537,319
	<u>36,332,194</u>	<u>38,760,525</u>
CURRENT ASSETS		
Inventories	1,128,840	1,638,572
Dialysis fees receivables	5,065,991	2,347,357
Rental deposits	282,685	288,084
Other receivables and repayments	709,112	708,304
Fixed deposits with licensed financial institutions	18,578,943	17,991,466
Cash and cash equivalents	6,301,416	4,810,576
	<u>32,066,987</u>	<u>27,784,359</u>
LESS CURRENT LIABILITIES		
Amount due to suppliers	1,084,158	891,322
Patient deposits	336,441	301,574
Rental deposits	9,682	9,682
Other payables and accruals	1,194,851	1,335,216
Lease liability - current	3,992,600	-
	<u>3,024,392</u>	<u>2,537,794</u>
LESS : NON-CURRENT LIABILITIES		
Lease liability - non-current	252,996	-
	<u>3,277,388</u>	<u>2,537,794</u>
NET CURRENT ASSETS	<u>29,042,595</u>	<u>25,246,565</u>
	<u>65,121,793</u>	<u>64,007,090</u>
TRUST FUND		
Accumulated funds	65,010,678	63,997,965
Patient and Children Welfare Funds	111,115	9,125
	<u>65,121,793</u>	<u>64,007,090</u>

Abridge Income and Expenditure Statement for the Financial Year

	2019 RM	2018 RM
INCOME		
Dialysis fees	18,763,027	18,272,104
Direct expenses	(8,553,807)	(8,468,841)
	<u>10,209,220</u>	<u>9,803,263</u>
Donations	1,212,446	2,678,104
Income from charity events	1,782,300	1,774,792
Other income	2,922,078	4,855,676
	<u>16,126,044</u>	<u>19,111,835</u>
LESS EXPENDITURE		
Staff costs		
a) Salaries, bonus and other staff related expenses	6,700,837	6,310,261
b) Defined contribution retirement plans	307,212	865,607
Property and equipment		
a) Depreciation	3,277,088	3,045,732
b) Write-off	3,317	172,051
Depreciation - Right of Use Assets	476,596	-
Interest expenses - Right of Use Assets	64,258	-
Rental	276,000	838,542
Water and electricity	1,111,716	848,306
License	39,757	37,879
Maintenance expenditure	665,728	655,346
Fundraising project expenditure	71,533	47,458
Disposal of clinical waste	372,862	234,834
Insurance	83,373	88,107
Provision for doubtful debts	(61,412)	13,804
Telephone and fax	64,596	53,737
Transportation charges	104,009	88,723
Sponsorship	120,380	217,412
Specialist fees	598,310	755,415
Allowance for diminution in value	(158,280)	1,897,110
Other charges	695,451	514,820
	<u>14,813,331</u>	<u>16,684,874</u>
SURPLUS FOR THE FINANCIAL YEAR	<u><u>1,312,713</u></u>	<u><u>2,426,961</u></u>

MAA MEDICARE CHARITABLE FOUNDATION

Health Screening Packages

Love Your Health Package



- 1. Blood Tests**
(Full Blood Count, Kidney Profile, Liver Profile, Cholesterol Profile, Blood Sugar, Urine FEME)
- 2. Chest X- Ray with radiologist reporting**
- 3. ECG**
- 4. Doctor Consultation**

AT
RM 140

Deluxe Health Care Package



- 1. Blood Tests**
(Full Blood Count, Kidney Profile, Liver Profile, Cholesterol Profile, Blood Sugar, Urine FEME, Blood Group, Hepatitis B screening, Inflammation Markers, Cancer Markers, Thyroid)
- 2. Chest X- Ray**
- 3. ECG**
- 4. Doctor Consultation**

AT
RM 290

General Screening

Student Care Package




- 1. Blood Tests**
(Full Blood Count, Urine FEME, Urine Drugs - Opiates & Cannabinoids, Urine Pregnancy Test)
- 2. Chest X- Ray with radiologist reporting**
- 3. Doctor Consultation**

AT
RM 130

KKLIU 2030/2020

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 @MAA_Medicare

 maamedicare

2021

JANUARY

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JULY

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NOVEMBER

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DECEMBER

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